



Adjustable Control Arm (Camber Kit) Installation

- This part should only be installed by a professional, with the required tools and experience. Improper installation can lead to personal injury, part failure, damage to the vehicle, etc.
- After installation is completed, it is highly recommended that the vehicle be aligned.
- For maximum camber adjustment range, an adjustable toe arm is recommended in order to set toe alignment within desired specification.

Vehicle Fitment:

- Honda Element 2003-2011
- Honda CRV 2002-2006

Kit Contents:

- Rear Upper Control Arm, x2

Torque Specifications:

- Control Arm Hardware: 69lb/ft

- Raise the vehicle (using the factory lift points) and remove the wheel/tire assembly.
 - Check for any loose/damaged suspension components, and repair/replace if needed.
- Remove any hardware or brackets that may interfere in removing the control arm.
- Remove the upper control arm by unbolting the inner and outer hardware, typically consisting of a 17mm hex bolt and 17mm hex nut.
- On the adjustable arms, thread the U-bracket and eyelet bushing ends into their shortest setting on the turnbuckle.
- Match the length of the adjustable arm to the stock arm, by adjusting the turnbuckle.
 - Do this while holding the U-bracket and eyelet bushing ends from rotating.
- Install the adjusted arm using the original hardware, but do not tighten fully.
- Install the wheel/tire assembly, and lower the vehicle.
- With the suspension compressed to static ride-height, tighten the control arm bolts to manufacturer specifications.
- Tighten the telescoping nut jam nuts.
- Adjust to desired camber setting; check rear toe and adjust as necessary.
- Check for proper suspension clearance between any installed suspension components.
- After roughly 100 road miles, check hardware making sure everything is securely fastened.